



Problems— *we all have them*

We manage to solve most problems on our own. Others may weigh so heavily on our minds that they stay with us, at work and in our personal lives. When we experience problems that “won’t go away,” that seem hopeless or unsolvable, talking with a trained professional counselor can give us the direction we need to solve our problems.

Veridian Behavioral Health is an outpatient service of Salina Regional Health Center. We are dedicated to providing professional mental health services in an atmosphere that reflects Christian concern for all clients.

Veridian’s services are designed for individuals and families who are struggling with common life problems such as depression, anxiety,



marital conflicts, parenting, or grief and loss. We also have the expertise to deal with life’s more severe illnesses.

How do I know if I need help?

If you have thoughts that repeat over and over again in your in your mind, or have symptoms such as depression, nervousness, problems sleeping, or the inability to act in any area of your life, it is probably time to seek professional help. Our therapists can review with you what is going on and help you decide if you need to seek treatment.

What can you do to help me?

Veridian provides services ranging from:

- Individual therapy
- Marriage therapy
- Family therapy
- Group therapy
- Educational classes (ex. divorce groups)
- Psychiatric consultation
- Psychological assessment
- Medication assessment
- Medication management

Do you protect my privacy?

Veridian provides secure and confidential care. We follow all federal, state and professional guidelines. You can be assured that we are concerned about your privacy and will protect your personal information.

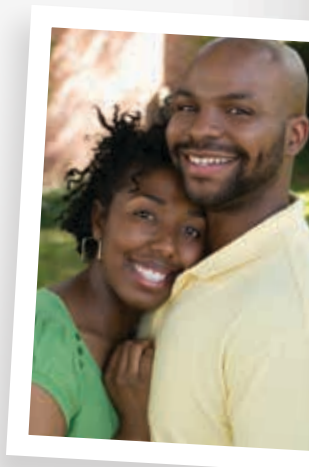
Why choose Veridian?

We offer a unique continuum of care to the community.

We have specialists in geriatric, adult and child services who really like what they do. Our excellent, experienced clinicians endeavor to provide care whether handling a severe crisis or clarifying life’s decisions.

Veridian provides quality professional services and is a training center for future mental health professionals. Veridian clinicians are available to provide community mental health education for schools, business and social service agencies.

We are a preferred provider for mental health services for employers who offer an Employee Assistance Program (EAP) for their employees. Please contact us if this is a benefit you’d like to offer for your employees.



How do I schedule an appointment?

You can call Veridian directly at 785-452-4930. The receptionist will ask you to describe the nature of your problems or who you would like to see. Every effort will be made to provide you an appointment within 24 hours. Appointments with psychiatrists take longer to arrange.

Helpful questions to answer before you call to make an appointment:

1. What is the issue that you would like to discuss, so we can match you with the best provider to help you?
2. How old are you?
3. What is your insurance type?
4. Do you have a preference if you have a male or female therapist or no preference?
5. Are there certain days and times that work better for you?
6. Sometimes, providers have cancellations that allow us to get patients in sooner. Would you like us to call you if an opening comes up before your appointment during the days and times that work best for you?

Please call (785) 452-4930 to schedule your appointment.

We are looking forward to seeing you. Please call us at least 24 hours in advance of your appointment if something comes up, so we can reschedule your appointment.



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Helping People Make New Choices

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